

To register for any of these sessions, email Cynthia Langston at cynthial@rockinghamkids.org with name, email address and facility name for each participant. For payment options; call with credit card by phone, send check or money order by mail, or drop off cash payment, money order, or check in the secured dropbox.

Once you register, you will be emailed a pre-survey to complete before the training.

Following the training, you will be emailed a post-survey to be completed in order to receive your certificate.

Your active participation in the LIVE Zoom sessions will be required.

Please contact Cynthia at 336-342-9676 if you have any registration questions.

| Date | Workshop Title | Target Age | Time | Location | Presenter | Cost | Deadline | Credits |
|---------------------|---|-------------------------|------------------|-----------------|------------------------------------|---------|----------|---------------------------------|
| April | | | | | | | | |
| 4/6/21 | Saved by the "Dell" | Preschool to School-Age | 6:30pm to 7:30pm | Online via Zoom | Stacie Mitchell | No Cost | 3/30/21 | 1.0 |
| 4/8/21 | Fire Safety | Infant to School-Age | 6:30pm to 8:00pm | Online via Zoom | Melissa Joyce | No Cost | 4/1/21 | 1.5 |
| 4/13/21 | Making the Move....to Kindergarten! | Preschool | 6:30pm to 8:30pm | Online via Zoom | Adina Tompkins | \$5 | 4/6/21 | 2.0 |
| 4/19/21 | It's SIDS | Infant/Toddler | 6:30pm to 8:30pm | Online via Zoom | Alicia Parker | No Cost | 4/12/21 | 2.0 |
| 4/26/21 | Emergency Preparedness and Response in Child Care (EPR) | Infant to School-Age | 6:00pm to 8:30pm | Online via Zoom | Alicia Parker | \$5 | 4/19/21 | 2.5 |
| May | | | | | | | | |
| 5/6/21 | Deep Breathing: A Connection to Calm | Infant to School-Age | 6:30pm to 8:30pm | Online via Zoom | Robin Sink | \$5 | 4/29/21 | 2.0 |
| 5/10/21 | Avoiding Burnout: Who's Caring for the Teachers? | Infant to School-Age | 6:30pm to 8:30pm | Online via Zoom | Alicia Parker | \$5 | 5/3/21 | 2.0 |
| 5/17/21 | Bloodborne Pathogens | Infant to School-Age | 6:30pm to 7:30pm | Online via Zoom | Alicia Parker | No Cost | 5/10/21 | 1.0 |
| 5/24/2021 & 5/25/21 | NC Foundations for Early Learning & Development NC FELDS(Two Part Course) | Infant to School-Age | 6:00pm to 8:30pm | Online via Zoom | Stacie Mitchell and Latasha Dalton | \$10 | 5/17/21 | 0.5 CEU's total for Parts 1 & 2 |
| June | | | | | | | | |
| 6/8/21 | Allergies: Anaphylaxis and Emergency Treatment in Child Care | Infant to School-Age | 6:30pm to 8:30pm | Online via Zoom | Alicia Parker | \$5 | 6/1/21 | 2.0 |
| 6/14/21 | Building Health and Safety Policies: One Component at a Time! | Infant to School-Age | 6:30pm to 8:30pm | Online via Zoom | Alicia Parker | \$5 | 6/7/21 | 4.0 |
| 6/24/21 | Prescription for Toxic Stress: Calming the Limbic Brain | Infant/Toddler | 6:30pm to 8:30pm | Online via Zoom | Jennifer Anderson | \$5 | 6/17/21 | 2.0 |
| 6/28/21 | Math.....More Than Numbers! | Preschool | 6:30pm to 8:30pm | Online via Zoom | Latasha Dalton | \$5 | 6/21/21 | 2.0 |

4/6/21

Saved By The “Dell”

Are you wondering how you're going to engage young preschool children online? How will you continue classroom studies? How will you get families involved? If you are asking yourself these questions, this training is for you! Come learn how to use real tips, tricks, and strategies to make virtual learning fun and successful!

4/8/21

Fire Safety

Participants will learn strategies for prevention of fires, as well as, how to keep children and staff safe in the event of a fire in a child care facility. This workshop meets the requirement for annual fire safety training.

4/13/21

Making the Move...to Kindergarten!

Is it time for your preschoolers to make the move to Kindergarten? Are they ready? What do they really need to know? In this workshop, we will dig into skills children should master before the transition to Kindergarten. Workshop participants will leave with resources for preparing both children and families to “make the move”.

4/19/21

It's SIDS

This workshop addresses safe sleep practices and ways to reduce the risk of SIDS; including information on the NC Law regarding safe sleep practices in child care programs. This training meets the licensing requirement for training on SIDS.

4/26/21

Emergency Preparedness & Response in Child Care (EPR)

It is very important that every effort is made to ensure your child care facility is prepared and your staff are ready to respond appropriately during a disaster. Participants in this workshop will establish a plan and learn how to be prepared for a variety of emergency situations. This training requires both in class and out of class assignments in which an in-depth emergency preparedness plan is developed.

5/6/21

Deep Breathing: A Connection to Calm

This training is geared towards informing, assessing, and providing strategies to support the skill of deep breathing and making the connection to help children learn how to calm.

5/10/21

Avoiding Burnout: Who's Caring for the Teachers?

Caring for children as a career is very rewarding but it can also be very stressful. It is impossible for highly stressed caregivers to meet the needs of the children in their care. This training focuses on the needs of the caregiver and shares techniques to cope with and reduce your own stress.

5/17/21

Bloodborne Pathogens

This training covers the requirements of OSHA's bloodborne pathogen standard and how it applies to childcare. Participants will learn about bloodborne pathogens and how they are spread. They will be taught how to control exposure to bloodborne pathogens at work and what to do if they are exposed .

5/24/21 & 5/25/21

NC Foundations for Early Learning & Development: Our Guide in Early Childhood Education

Participants must attend both sessions. Participants will need a copy of the Foundations book for this class. This 5 hour course will provide participants with an introduction to Foundations, North Carolina's Early Learning and Development expectations, how they are structured, and how to implement them in early childhood settings. Participants will construct the knowledge base necessary to support children in their learning development by embedding the expectations in daily classroom planning and practice.

6/8/21

Allergies: Anaphylaxis and Emergency Treatment in Child Care

Training developed by the North Carolina Child Care Health and Safety Resource Center covering allergies, anaphylaxis and emergency treatment in child care. Participants will learn about allergies and common allergens, how to reduce the risk of developing allergies and reduce exposure to allergens, to recognize signs and symptoms of severe allergic reactions, including anaphylaxis, become familiar with proper storage and use of epinephrine auto-injectors, how to follow emergency follow up procedures and about required documentation.

6/14/21

Building Health and Safety Policies: One Component at a Time!

Participants will learn the importance of Health and Safety Policies, discuss all components of a policy, and learn how to build and customize health and safety policies in a 2 hour classroom training. Participants will be granted 2 additional hours of training after successful completion of homework, developing customized policies, revisions, enforcements, and scheduling a one on one session with CCHC.

6/24/21

Prescription for Toxic Stress: Calming the Limbic Brain

Come learn how adult caregivers can create environments that help calm the irritable limbic system and reactive stress response that occurs when toxic stress is experienced. We will examine key principles to help our brains calm down, including: protection, comfort, and structure. We all need these principles in our environment but they are critical for Infants and Toddlers.

6/28/21

Math.....More Than Numbers!

Participants will learn how to introduce math concepts to children in a fun, engaging and developmentally appropriate way. They will participate in activities and learn strategies that will involve children in meaningful math experiences. Participants will explore the components of mathematics, and learn how to teach the components for preschoolers. Participants will learn new ways of setting up the learning environment to promote mathematical skills.

RCPC's Early Education Services Workshop Registration Policies

Pre-registration by the published deadline is required for all Early Education Services (EES) workshops whether there is a fee or not. We suggest that you call our office to ensure that enough spaces are available in the workshop that you would like to attend prior to sending payment. **Spots cannot be reserved without payment. Therefore, your registration is not confirmed until payment is received.** There are several options for registering for workshops:

- Call Cynthia Langston at 342-9676 ext. 201 to pay with a credit card.
- Fax in the registration form with credit card payment information to 342-9962.
- Due to COVID, payment of either cash, check, or money order may be left in the drop box by the front door. Our office address is 7572 NC Hwy 87, Reidsville, NC. RCPC is not able to keep cash on hand so you must provide correct change when cash is used to pay for workshops.
- Mail this registration form along with check, money order, or credit card payment information to:

RCPC

Attn: Workshop Registration

P. O. Box 325

Wentworth, NC 27375

Returned Checks - In the event a check is returned for insufficient funds, RCPC will charge a return-check fee based on the fee charged to RCPC by the bank. This fee and the check amount must then be paid in cash or with a money order. No further checks will be accepted from the individual or business until the charges have cleared.

Registration Deadlines - Training registration deadlines are one week prior to the workshop unless otherwise noted. Payment must be received by 5:00 pm on the deadline. Registrations will not be accepted after the deadline. The minimum number of participants required to hold a workshop is typically 1/2 of the maximum capacity. If registration does not meet this requirement by the deadline, the workshop may be cancelled and credit for a future workshop will be issued to those registered.

Training Credit Vouchers – If using a training credit voucher, the original voucher must be presented at the time of registration. Vouchers can be hand delivered or mailed to RCPC. Faxed copies of vouchers cannot be accepted. Vouchers will not be accepted after their expiration date. Facilities are welcome to use the voucher towards any staff members' registration.

Waiting List - If a workshop is full prior to the registration deadline, a waiting list will be created. If cancellations are made, we will contact individuals on the waiting list in the order their registrations were received to offer a slot in the workshop. Anyone enrolled in a workshop from the waiting list will have 24 hours to pay the registration fee to confirm their space.

Registration Cancellations - Individuals who are registered for workshops and need to cancel their registration must call our office by 12:00 pm on the day of the training in order to receive a credit for future workshops. No refunds will be given.

Late Arrivals –Your active participation in the LIVE Zoom sessions will be required. Plan to log on a few minutes prior to the workshop's start time to allow time for participant check-in. Participants arriving more than 15 minutes late or leaving more than 15 minutes early will not be given credit.

Materials Given - On occasion, professional resources or classroom materials may be given to participants as door prizes or as a part of participation in the session. It is the perspective of the Early Education Services (EES) that the materials should belong to the person or organization that paid the registration fee. In the event that the facility paid the fee, the materials should be made readily available for use by the staff person(s) who attended the session.

Certificates - Always keep a copy of your certificates for your own records in addition to giving one to your employer. There will be a \$5 fee for RCPC staff to provide a replacement certificate for trainings attended within the last year only.

Inclement Weather – If Rockingham County Schools are closed due to inclement weather on the same day that a workshop is scheduled, the workshop will be postponed and rescheduled later.

Complete the registration form below to sign up for workshops. Please print clearly

Title of Workshop: _____ Workshop Date: _____
Name of Child Care Facility: _____
Facility Telephone: _____

| | Participant's Name | Evening Phone Number | Total staff registered: _____ |
|----|---------------------------|-----------------------------|-------------------------------|
| 1. | _____ | _____ | Total fees: \$_____ |
| 2. | _____ | _____ | |
| 3. | _____ | _____ | |
| 4. | _____ | _____ | |

If more than 4 participants, complete additional forms.

Check Enclosed _____ Credit Card Payment _____ 3 Digit Code _____ Exp. Date _____

Name on card _____ Card Number _____

Billing Address for credit card _____

Email Address to receive credit card payment receipt _____

Please call Cynthia Langston at 342-9676 to register or for more information.

Complete the registration form below to sign up for workshops. Please print clearly

Title of Workshop: _____ Workshop Date: _____
Name of Child Care Facility: _____
Facility Telephone: _____

| | Participant's Name | Evening Phone Number | Total staff registered: _____ |
|----|---------------------------|-----------------------------|-------------------------------|
| 1. | _____ | _____ | Total fees: \$_____ |
| 2. | _____ | _____ | |
| 3. | _____ | _____ | |
| 4. | _____ | _____ | |

If more than 4 participants, complete additional forms.

Check Enclosed _____ Credit Card Payment _____ 3 Digit Code _____ Exp. Date _____

Name on card _____ Card Number _____

Billing Address for credit card _____

Email Address to receive credit card payment receipt _____

Please call Cynthia Langston at 342-9676 to register or for more information.